

ROYAL VOLUNTARY SERVICE



## **SERVES 4**

# Ingredients

- 250g ground almonds
- 1 egg
- 1 tsp baking powder
- 1 tbsp apricot jam
- 2 tbsp orange zest
- 80g sugar
- Egg white/ orange flower blossom water
- Icing sugar

# Equipment

- 2 bowls
- Baking tray
- Wooden spoon
- Weighing scales



## Method

- 1. Combine all the ingredients thoroughly until smooth
- 2. Grease your hands and shape the pastry mix into balls about 16g each
- 3. Dip them into egg white, roll into the icing sugar
- 4. Place the balls onto a tray with grease-proof paper
- 5. Bake in a moderate oven (180 degrees) for about 20 25 mins
- 6. Leave to cool down and enjoy with a cup of mint tea or coffee

#### OUR THANKS TO NADIA TERRY FOR THIS GUIDE.

To find our more about the Virtual Village Hall and other online sessions please visit virtualvillagehall.royalvoluntaryservice.org.uk. Or to find out more about the Royal Voluntary Service go to royalvoluntaryservice.org.uk.







Registered charity 1015988 (England and Wales) & SC038924 (Scotland). CS2665b\_0720