

FAIR ISLE HEADBAND



By Jo Allport

SIZE

To fit the average head: 55cm in circumference. To make it smaller or larger, measure your head and take 5cm off this the length (this makes sure it doesn't slip off)

YARN, NEEDLES AND ACCESSORIES

You will need (approximately):
Main Shade: 150m of dk yarn
Four small balls of contrast dk yarn
1 pair of 4mm (UK 8/US 6) knitting needles
Scissors and a tapestry needle

TENSION

22 sts and 30 rows to a 10 cm (4 in) square with 4mm needles in Stocking Stitch (st st).

ABBREVIATIONS

K/P – knit/purl

RS/WS – right side/wrong side

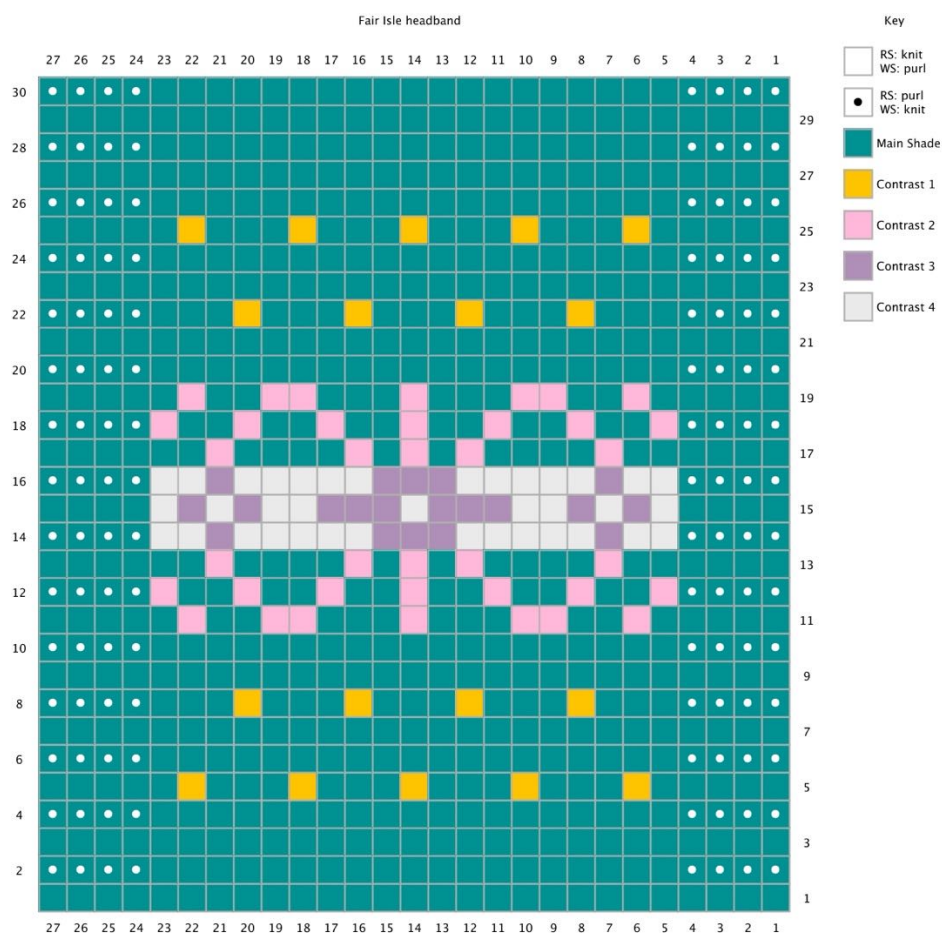
INSTRUCTIONS

Using the Main Shade and 4mm needles, cast on 27 stitches using your preferred cast on technique.






Commence chart using the Fair Isle or stranded technique. Repeat the 30 row pattern five times or until work measures 5cm shorter than the circumference of you head. End with a wrong side row. Cast off all stitches.

Block to smooth out work. Join the cast on to the cast off edge either using mattress stitch or back stitch.

Chart:



HINTS AND TIPS

-  Twist yarns when changing colour.
-  Weave in floats every 3 to 5 stitches, varying this across rows.
-  Stretch out your work to keep it elastic.
-  Knit fairly loosely; you can even use one needle size smaller to keep all the stitches loose.
-  Work floats under for one shade and over for the other. This stops the yarns getting too tangled.