



ROYAL
VOLUNTARY
SERVICE

STRIPEY BEACH TOWEL AND SANDY FEET BISCUITS

by Alison Crouch

Ingredients

- 125g butter, softened
- 150g caster sugar
- 1 tsp vanilla essence
- 1 egg
- 250g plain flour
- Icing pens for decorating

Method

1. Heat the oven to 180C, Gas Mark 4.
2. Place some baking parchment on a baking sheet.
3. Cream the butter and sugar. Add in the essence and egg.



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4. Mix in the flour to form a stiff dough.
5. Roll out to a rectangle about 5mm thick.
6. Cut into rectangles. Cut tassels on the end of some to make towels. Make curved ends on some to form feet.
7. Bake for 10 to 12 minutes.
8. Cool on a wire rack then use the pens to form stripes or write beach words on. Use the icing to form nail varnish on the toes of the biscuits.

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